

## Peel Mental Health Contact Information

Canadian Mental Health Association Peel Dufferin Branch ( mental health for all )	(905) 451- 2123 1 877- 451 -2123
Crisis Support Peel In Crisis 24/7	(905) 278 - 9036 1 888 - 811 – 2222 ( Caledon, Dufferin )
Community Mental health agencies connecting families to mental health services	1 866 – 585 – 6486 Serving the Toronto Community
Centre for Addiction and Mental health ( CAMH )	(416) 535 – 8501 ex 6878 ( outpatient ) (416) 535 - 8501 ex 6885 ( emergency )
Child, Youth and Family program Mood and Anxiety services	(416) 535 – 8501 ex 4366
Canadian Mental health Peel Court Support services	(905) 456 – 4700 ex 5663 ex 5666
Canadian Human Rights Commission	1 888 – 214 -1090
Distress Centre Peel	(905) 278 – 7208    1 800 363-0971
Drug and Alcohol Helpline	1 800 565-8603
Kids Helpline kidshelpline.ca	1 800 363 - 0971
Peel Children’s Centre	(416) 410-8615    18 years and under
Peel Works Needle Exchange	(647) 225 - 1623
Peel Youth Substance Abuse program YMCA	(905) 276 – 9322 ex 216
Service Support to make a Referral to Centre for Mental Health and Additions Peel	(905) 451 - 2123 (905) 456 – 7492
William Osler Health Centre, Child and Adolescent Clinic. Providing outpatient treatment to families who are experiencing or are at risk of developing a serious psychiatric disorder.	(905) 451- 1160 (905) 494 – 2120  Provides services up to 18 years old